

DIAGRAMS W/FINN

WHAT YOU

REALLY

TRULY

WANT

drawn in one sitting

2/12/25

SOMETIMES I WANT
SOMETHING, BUT I'M
NOT TOTALLY SURE
IT'S MINE.

Do I really want it, or
does it symbolize some-
thing else I want?

I've had this about
things like writing
a book proposal +
restarting my
newsletter.

CAN YOU
RELATE?

HERE'S WHAT
I TRIED TODAY.

I made a diagram.

I'll give you the
blank version.

Try it out!

I WANT TO

BECAUSE

LET'S GAME IT OUT!

I WANT TO

DO IT!

DON'T DO IT!

why I
did/didn't

ONE YEAR LATER

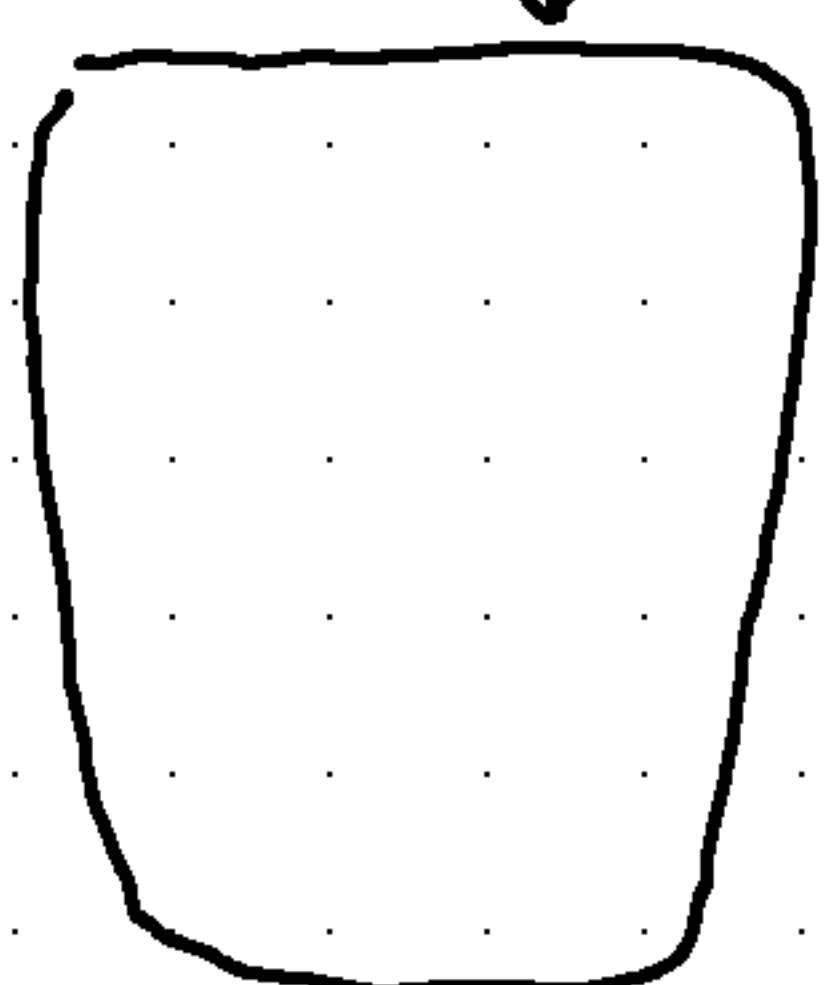
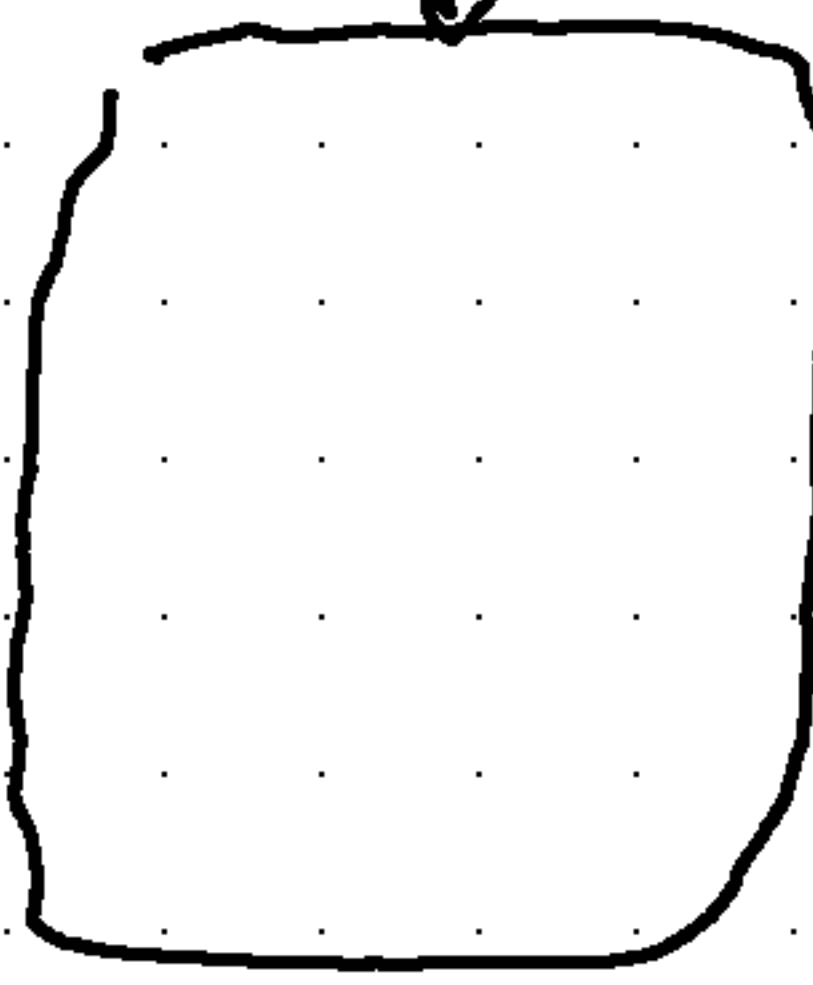
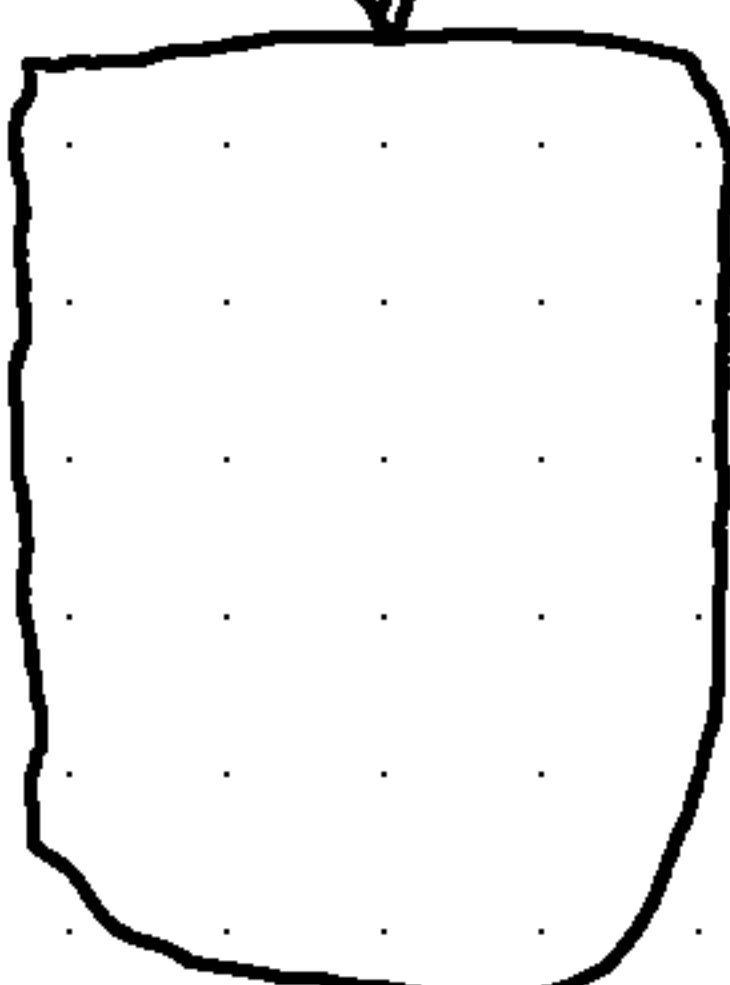
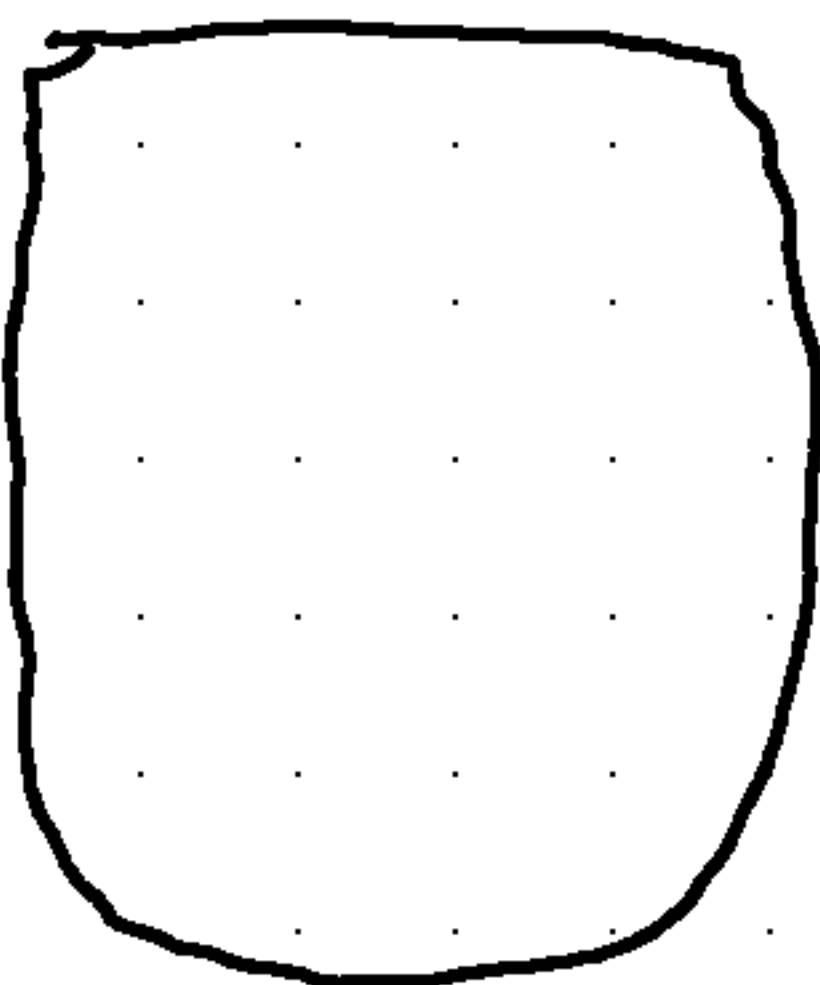
WENT
GREAT

WENT
AWFUL

WENT
GREAT

WENT
AWFUL

what do each of these
scenarios look like?



DID ANYTHING SURPRISE YOU?

Was the best case not so great?

Was the worst case not so bad?

OK BUT WHAT IF

I WANT

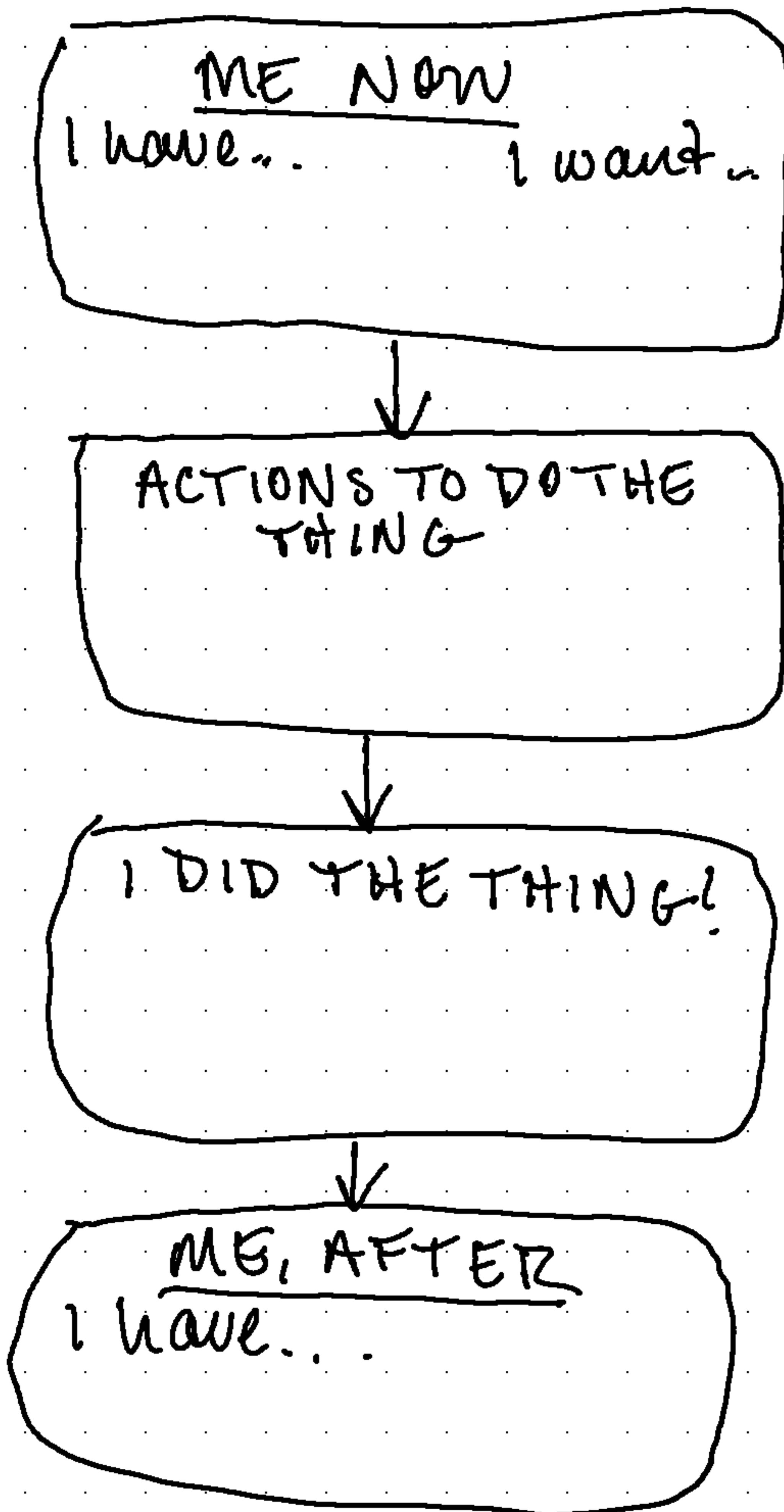
↓
one year
later

↓
IT WENT MEDIOCRE!

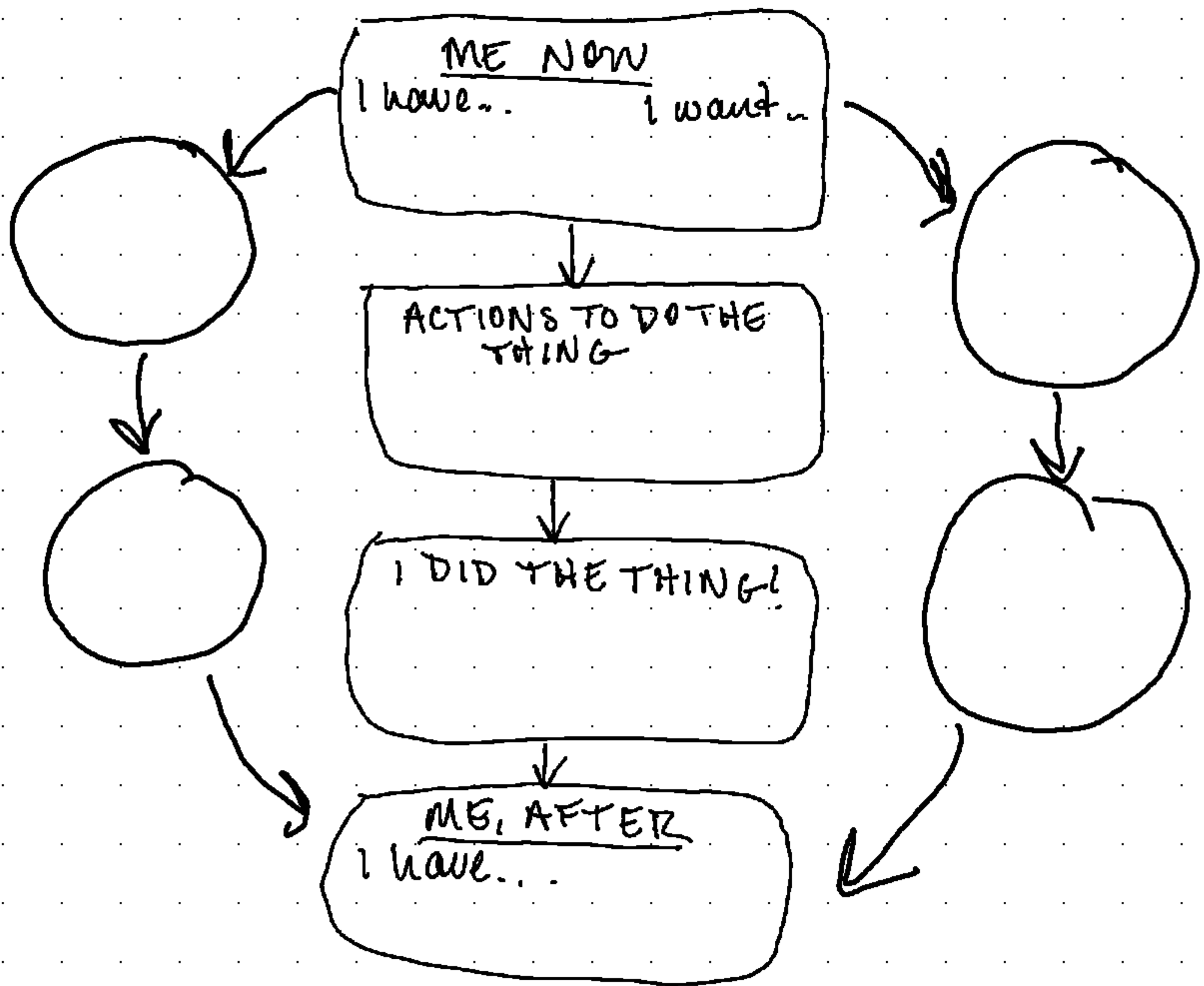
I did it +
that looks
like ...

I didn't do it
+ that looks
like ...

A CAUSAL DIAGRAM



Maybe there are other paths? Try drawing some.



Do these seem more appealing? Why or why not?

CLARITY
MAKES IT
EASIER TO
COMMIT.

BASED ON WHAT I
LEARNED, I COMMIT
TO ...

THIS IS HOW I
STOPPED STRESSING
ABOUT GROWING
A NEWSLETTER
+ MADE THIS
BOOKLET INSTEAD!

(We'll see if this sticks!)

xo

fin